

First Aid Kit Contents

The following list is a sample only. The CCRR may already have a list with local details that this support form could accompany, if needed. If a child care provider plans on becoming licensed, then the CCRR may want to refer to the local licensing list.

All first aid kits should contain a minimum of:

- Scissors
- tweezers
- various sterile gauze pads
- soak dressings
- various sized bandages
- sling or triangular bandage
- gauze roll
- safety pins
- non-adherent dressing (Telfa)
- non-allergenic adhesive tape
- digital arm pit thermometer or fever strips
- pocket first aid reference book and emergency phone numbers
- pairs of disposable gloves
- emergency information records for self and all children
- face mask for CPR
- chemical ice pack for field trips
- crushed ice or ice pack in home freezer
- blanket for field trips (space foil blanket or equivalent)
- money for phone call or cell phone when on field trips where applicable

Syrup of Ipecac is only recommended if you live in a rural area where medical assistance is not readily available. Phone Poison Control at 1-800-567-8911 before using Syrup of Ipecac. Parents must be informed if you administer this medication to their child.

The number of items in the first aid kit should be sufficient to meet the needs of the number of children being cared for.

A First Aid Kit must be taken on all field trips & outing